Mobile Crisis Intervention Team

Emergency Response Tel: 9–1–1
Non-Emergency Tel (for Toronto Police Services): (416) 808-2222

The Mobile Crisis Intervention Team (MCIT) is a partnership of a Mental Health nurse from the Mental Health and Addictions Program at Humber River Hospital and a uniformed police officer from Toronto Police division 12, 13, 23, or 31. MCIT provides skilled and compassionate responses to mental health emergencies in the community.

Outpatient Child and Adolescent and Adult Mental Health Clinic

The Clinic provides comprehensive psychiatric assessment and treatment for patients with mental health issues. We educate patients about their illness and link and refer them to community resources.

For children/adolescents, additional treatment options include:

- Individual counselling and family assessment
- Medication management
- Psychiatric consultation

For adults, additional treatment options include:

- Individual and group counselling
- Medication management, including long-acting injections and clozapine treatment.

Taking Charge Program

This program is suitable for patients experiencing symptoms of a mood and/or anxiety disorder. It is a rehabilitation-based program to help individuals learn new skills to assist them to cope more effectively with their illness.

Urgent Care Clinic

This outpatient service is offered to people, 18 years of age or older, who are experiencing urgent mental health problems. The goal is to provide support and treatment right away, so that feelings of distress do not become worse.

For more information, please contact our centralized intake office:

Tel: (416) 242-1000 ext. 43170 • Fax: (416) 242-1024

www.hrh.ca
The Mental Health and Addictions Program provides a broad continuum of services to meet the needs of the community we serve. Our interdisciplinary teams include:

- Addiction Counseling
- Child and Youth Work
- Nursing
- Nutrition Counseling
- Occupational Therapy
- Pharmacy
- Psychiatry
- Psychology
- Recreational Therapy
- Social Work
- Spiritual Care Providers.

**Adult Inpatient Services**

There are 52 inpatient beds. Thirty-eight beds are designated for general psychiatry, 4 beds for chemical withdrawal, and 10 beds for acute care.

The team will assess, treat and refer patients for follow-up and community placement.

**Bridgeway Chemical Dependency Program**

This program offers assessment, pre-treatment groups, elective medical withdrawal management services, a 4-week intensive abstinence-based outpatient day treatment program, harm reduction support, a family program, and supportive aftercare meetings.

**Child and Adolescent Inpatient Program**

This program serves children and adolescents, up to their 19th birthday, with serious mental health issues. It provides inpatient treatment with brief transition day support and outpatient psychiatric consultation.

**Consultation Liaison Service**

Nurse clinicians and psychiatrists provide consultation to patients in other areas of the hospital who have mental health issues. Services include support to staff in the care of these patients.

**Day Treatment Program**

This program is suitable for patients with serious and persistent mental illness. It is a rehabilitation-based program to help patients cope with their mental health problems and improve their quality of life. Patients attend a part-time program and are involved in a variety of group and individual treatments.

**Early Intervention for Psychosis Program**

This program is a partnership with the Canadian Mental Health Association (Toronto) and Schizophrenia Society of Ontario. It provides services for those between the ages of 14 and 35 who are having signs and symptoms of psychosis.

**Emergency Psychiatric Unit**

Registered nurses assess and stabilize patients who are acutely ill and require crisis assessment. The service is available 24 hours a day, seven days a week. A psychiatrist is always available on an “on-call” basis.

**Geriatric Mental Health Outreach Team**

Our team provides mental health services to elderly residents living in 8 long-term care homes in our community with emotional and behavioural problems. Our team is made up of an advanced practice nurse, nurse clinicians with expertise in geriatric mental health, and a part-time psychogeriatrician. We provide the following services for the residents:

- Assessment
- Consultation
- Treatment
- Short-term follow up.