

The Geriatric Mental Health Outreach Team

How do I access this service?

A doctor or nurse practitioner from the long-term care facility must make a referral. We will contact you for an appointment.

Fax: (416) 242-1024

For more information, please contact:

**Geriatric Mental Health Outreach Team
Humber River Hospital**

1235 Wilson Ave.,
Toronto, Ont. M3M 0B2

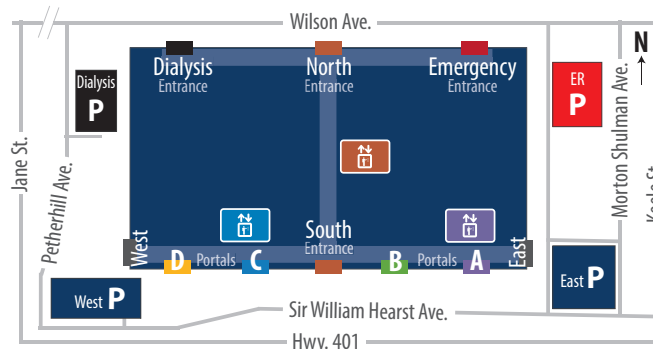
Tel: (416) 242-1000 ext. 43000

Fax: (416) 242-1024

What are your hours of operation?

Our team is available Monday to Friday, between 9:00 a.m. and 5:00 p.m.

The Geriatric Mental Health Outreach Team supports Long-Term Care Homes for:



HUMBER RIVER HOSPITAL
1235 Wilson Ave., Toronto, Ont., M3M 0B2

English

This information is important! If you have trouble reading this, ask someone to help you.

Italian

Queste informazioni sono importanti! Se ha difficoltà a leggere questo, chiedi aiuto a qualcuno.

Spanish

¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.

What is the Geriatric Mental Health Outreach Team?

Our team assists with managing mental, physical, and behavioural challenges in the elderly.

We provide the following specialized services for our residents:

1. Assessment
2. Consultation
3. Treatment
4. Short-term follow-up.

Our team is made up of:

- An Advanced Practice Nurse
- Nurse Clinicians with expertise in the area
- A Psychogeriatrician.



Did you know?

A doctor who has special training in this area is called a **Psychogeriatrician**.

Where can I access your services?

Our team provides service in the following long-term care homes:

- Carefree Lodge
- Chartwell Gibson Long Term Care Residence
- Cheltenham Care Community (*formerly Leisureworld Cheltenham*)
- Cumber Lodge
- Downsview Long-Term Care Centre
- Extencicare Bayview
- Harold & Grace Baker Centre
- Hawthorne Place Care Centre
- Norfinch Care Community (*formerly Leisureworld Norfinch*)
- North Park Nursing Home
- North York General - Seniors Health Centre
- Valleyview Residence
- Villa Colombo
- Village of Humber Heights
- Weston Terrace Care Community (*formerly Leisureworld Lawrence*)



What are the goals of the team?

Our team works with residents, family, staff, and other health care professionals at individual long-term care homes to:

- Manage challenging behaviours and mental health concerns
- Avoid unnecessary visits to the Emergency Department
- Ensure safe transfers to and from the hospital, when appropriate
- Enhance knowledge and build capacity, as needed.