Dear Family,

The staff at HRH wish to extend our condolences to you and your family on the loss of your baby.

At this extremely difficult time, you may find it hard to cope, both practically and emotionally. You will probably have many questions.

We would like to share information that other parents found helpful. This booklet contains information that can help you understand what happens next and deal openly with the physical and emotional changes you will experience. We also encourage you to speak to us with any other questions you may have at any time.

Please feel free to take this booklet home, along with any keepsakes of your baby. You may not be ready to read the booklet now. However, as you start to heal, you may find that your feelings change in time.

If you have questions or need help, please talk with your health care providers:

Doctor: Tel:
_____________________________________

Social Worker: Tel:
_____________________________________

Chaplain/Spiritual Care Provider: Tel:
_____________________________________  

Child Life Specialist: Tel:  
_____________________________________

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English
This information is important! If you have trouble reading this, ask someone to help you.

Italian
Queste informazioni sono importanti! Se ha difficoltà a leggere questo, chieda aiuto a qualcuno.

Spanish
¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.
Grieving the Loss of your Baby

Grief is the normal response that you go through after the loss of a loved one. You never expected that your pregnancy would end with the loss of your baby.

Although there are common signs and symptoms of grief, you should remember that grief is different for everyone. There is no right or wrong way to grieve.

You may feel the following:

- Shock
- Numbness
- Sadness
- Denial
- Bitterness
- Alone
- Anger
- Withdrawn
- Guilt
- Isolated

How long will my grief last?

Each person will deal with the grief in their own way. You cannot measure grief in time and length. It may take days, months and even years to learn how to cope and live with your grief.

Collecting Keepsakes

Remembrances can help you keep precious memories of your baby. The staff will talk to you about different keepsakes that you may want. With your consent, the staff will take pictures of your baby. Other keepsakes can include baby identification (ID) bracelets, crib cards, footprints and handprints, a lock of hair, baby gowns, blanket and hat.

What can I do?

- See, hold or touch your baby. This helps you remember your baby.
- Bless or name your child. You might find comfort in naming your baby. At any time during your stay, the hospital chaplain can conduct a naming and blessing service for your baby.
- Speak to your healthcare team. In addition to your doctor and nurse, a social worker, chaplain/spiritual care provider and child life specialist is available for you while you are in the hospital. We are here to support you and your family and answer any questions you may have.
- Get support from others. Talk to a family member or friend. Join a support group, or get professional help from a therapist.

“Differences in the ways family members grieve are not differences in love.”
The Role of Spiritual Care

Chaplains/Spiritual Care Providers understand that the loss of an infant may be a traumatic experience for you and your family. They are aware of the way this event calls into question everything that you used to believe. They understand the stages of shock and denial when events unfold in unexpected ways. You may have many questions with no apparent answers, such as:

• Why?
• Why did my baby die?
• Where is my baby now?
• Is there any comfort or peace?
• Is there any meaning to this painful loss?

Chaplains/Spiritual Care Providers are specially trained to provide support to grieving parents, family members and grandparents. They are here to listen to you as you start to deal with your sense of spiritual abandonment and inner spiritual conflicts. They provide comfort and are non-judgmental of various expressions of grief including your loss of meaning and hope.

Chaplains/Spiritual Care Providers offer naming and religious or non-denominational blessing services. This often helps parents and family members’ find some closure and gives them a way to express their love for their deceased child. They provide interfaith prayers or religious rituals that can help you refocus on the mystery of your faith as you come to believe that your child is eternally safe and secure.

If you would like to meet with a chaplain/spiritual care provider, please contact the main reception desk:
Tel: (416) 242-1000 Ext. 21451

Arranging Your Baby’s Care

Will there be an autopsy?

A doctor or nurse will speak with you about having an autopsy. An autopsy is an examination of a body to investigate the cause of death.

You can refuse to give your consent for an autopsy. In some cases, the coroner may order an autopsy.

If there was an autopsy, results may take up to 4 months. Your doctor will provide you with information about the autopsy. If the coroner ordered the autopsy, please contact the coroner’s office at (416) 314-4100.

If there is going to be an autopsy, please let the funeral director know before arranging for your the burial or cremation.

How do I plan for a funeral and burial or cremation?

By law, if a baby was born at or over 20 weeks gestation or a baby weight is over 500 grams, a baby must have a burial or cremation. The family is responsible for making these arrangements. In addition, you may choose to have a funeral service. To lessen the confusion that can result from such a sad event, a social worker or funeral director can help you arrange and coordinate these services.

For some people, funerals are religious and cultural practices. For others, they are personal occasions to celebrate or remember loved ones. You may have special needs that are important to you, such as a burial in another country or including the customs and traditions of your community.

At the funeral home, you will meet with a funeral director who you can discuss the following with:

• Religious rites required
• Time and place for the funeral
• Type and tone of the funeral
• Who will lead the funeral
• Who will give a tribute(s)
• If you are having pallbearers and who they will be
• If you are considering having people make optional donations to a charity in honour of your loved one
• If you are having a visitation and when the hours will be
• If you are having music and/or showing photographs
• Caskets, cemeteries and monuments
• Transportation arrangements needed.

At the end of the booklet, you will find a list of funeral homes and cemeteries to help you with your plans.

Where can I get financial help for the cost of the funeral and burial/cremation?

The cost of a funeral and/or a burial or cremation may be of concern to you. After the loss of an infant (birth to 1 year), many funeral homes will provide funeral services at a reduced or minimal cost. Burial/cremation costs can vary depending on the arrangements you desire. We strongly encourage you to contact a few funeral homes and cemeteries before you make a final commitment as the costs may vary.

If you are receiving Ontario Works or have limited income, you may be eligible for government subsidies to help you with the cost of the funeral. Please speak to the social worker or contact your local Social Services office BEFORE signing any forms with the funeral home or cemetery. The social services office will give you a letter to give to the funeral director. Otherwise, the government cannot reimburse you for the cost of a funeral home or cremation after you have signed a contract.

Government Forms

Medical Certificate of Stillbirth or Death

A doctor will complete a Medical Certificate of Stillbirth or Medical Certificate of Death. Once the baby is ready to go to the funeral home, the doctor will send the certificate with the baby.

Registration of birth

When a baby is born alive, a parent must register their baby’s birth with the Government of Ontario. We will give information and instructions on how to do this. The government will then send the parent a document in 6 to 8 weeks. This document can be kept with the baby’s keepsakes.

Health card

When a baby is born alive, we will give the parent a health card form to sign. This will give the parent coverage for the baby’s hospital care. The government will send a permanent health card in the mail in 8 to 12 weeks. This can be kept with the baby’s keepsakes.
Telling Your Child(ren) about the Baby

Should I tell my child(ren) about the baby?

If you have other children, they will experience the loss of the baby in their own way. Children can and do experience grief. A child’s experience of grief will be different from those of an adult.

Parents often try to protect children by not explaining what happened. This may leave the child feeling hurt or ignored. If this happens, they may become aggressive or withdrawn. Children are aware that something is different and know that something is wrong. If you ignore your children’s questions, they may have a hard time coping or may feel guilty.

What does my child need to know?

Children need to know what happened to the baby or their imagination will create its own explanation and misconceptions. Children may fear it was their fault or that they did something wrong. Tell your child that no one did anything wrong to make this happen to the baby.

How do I tell my child?

You need to tell children in an honest manner, with simple language, according to their developmental stage and age.

You may want to explain to your child that:

“When flowers, animals, or people get sick, sometimes they die. Not everyone who gets sick dies, but sometimes they do.”

You may want to talk about an old pet that died, the flowers you planted that died, or the leaves that die every fall.

You may want to explain to your child that:

“The baby got very sick inside mommy’s tummy and died. It was born before it was strong enough to live outside of her tummy. It was nobody’s fault, but we won’t be able to bring the baby home with us. We can do things to remember our baby.”

Just like adults, the child may want to see the baby. If they are comfortable, you may show the baby to the child. This will lessen their fears about what the baby may have looked like. This will also put the child’s mind at peace and help the child grieve.

What activities can help my child cope?

It is healthy for the child to be included in the funeral or memorial service. The child can draw a picture or write a card for the baby, or simply just attend the ceremony. Children also need to mourn in an expressive way, through art, books, dramatic play, or music. This will help decrease negative behaviours. If the child becomes withdrawn or aggressive, they may need some extra attention.

The following can help children cope with the grieving process. Let your child(ren):

- Draw pictures and write stories
- Write a letter to the baby, attach it to a balloon and send it up in the sky or to heaven.
- Plant a special flower or tree.
- Make a special garden in the yard.
- Bring flowers to the funeral home.
- Sing or dance to a special song for the baby.

At HRH, we have child life specialists trained in working with children and families to cope with and understand loss and the grieving process. The child life specialist also has colouring books about this subject. Please let us know if you are interested in receiving one and we will give one to you for your child.

For further questions or concerns, contact:

Tel: (416) 242-1000
Certified Child Life Specialist - Ext. 45012
Child Life Specialist - Ext. 45013
Grandparents Grieve Too
The following are some common reactions grandparents may feel:

- Sadness
- Anger
- Denial
- Guilt
- Helplessness

What can grandparents do?
- Share and talk about their feelings with those they love.
- Get professional help (support group, therapist, social worker)
- Grandparents may want to see, touch and hold their grandchild.

Recommended Books for Children
1. No New Baby: For siblings who have a brother or sister die before birth. Marilyn Gryte, 1988.
2. We Were Going to Have a Baby, but we had an Angel Instead. Pat Schwiebert, 2003.

Caring for Yourself
It will take time for your body to return to its pre-pregnancy state. Your hormone levels adjust, your abdominal (stomach) and breast fullness subsides, and your uterus returns to its pre-pregnancy state. These changes may cause you to feel moody, sensitive and you may tire easily. You may have disturbed sleep, a loss of appetite, fatigue, headaches and inability to concentrate while you are grieving. If you have concerns, please see your doctor.

How do I care for my breasts after the loss of my baby?
You may already be producing milk if you lost your baby as early as 16 weeks gestation. If you have already established breast feeding before the loss of your baby, your breasts will continue making milk for some time.

Breast milk usually comes in around the second and third day after the birth of your baby. The amount of breast milk you make is in response to your individual body, breast stimulation and the grieving process you will be going through.

If you wish to stop your milk supply:
1. Do not remove any milk from your breasts. The pressure of lots of milk inside helps to stop producing milk.
2. Do not limit your fluid intake. Drink water if you feel thirsty. You will not reduce your milk supply if you limit your fluids. This can make you dehydrated.
3. Do not bind your breasts with a tight cloth around your chest.
4. Wear a fitted sports bra at day and night.

If you wish to donate your milk, please visit the milk bank website at www.milkbankontario.ca for more information.
If you have engorged breasts, you may find your breasts are swollen. They feel heavy and may be extremely hot to touch. You may also feel lumps in your breasts caused by swelling. You may be uncomfortable for a couple of days.

To relieve the pain or pressure on your breasts:

• Use ice packs or bag of frozen peas covered in a light cloth and apply these to your breasts. Rotate the ice pack. The cold will reduce swelling in the breasts.

• Avoid warm water over your breasts. When showering, stand with your back to the water flow.

• Apply cold cabbage leaves. This can help ease discomfort.

When should I call my doctor?

Call your doctor if you have any of these symptoms:

• A red area on your breast that is tender to the touch.

• A temperature of 100°F/38°C or more, with aches and tiredness.

Tips about using cabbage leaves:

1. Purchase a head of common green cabbage at the local grocery store.

2. Remove the core and gently peel individual leaves away from the center of the cabbage head. Try to avoid tearing the leaves. However, it is okay if they shred a little.

3. Thoroughly wash the leaves. Chill the leaves in the fridge.

4. Just before use, crush the veins in the leaf.

5. Place the cold leaves around the breast. Use enough to cover all engorged tissue.

6. Leave the compress until the leaves have wilted.

7. Repeat the process as often as needed.

Stop direct use right away if your skin breaks out, blisters or becomes irritated.

PLEASE DO NOT USE CABBAGE COMPRESSES IF YOU ARE ALLERGIC TO SULFA OR CABBAGE.

Pregnancy Leave

You may be eligible for 17 weeks pregnancy leave from your employer after the loss of your baby.

Contact the Human Resources department at your place of work or the Service Canada Office at 1 (800) 206-7218.

Family Allowance Benefits

If you are eligible for a Child Tax Credit (formerly Baby Bonus), please contact the Canada Child Tax Benefit Office at 1 (800) 387-1193, in the next couple of weeks. You need to discuss if you are eligible for any benefit cheques.

Income Tax

When a baby is born alive, a parent can claim a deduction for the tax year. For further information, contact Canada Revenue Agency at 1 (800) 959-8281.
Appendix A. Resources for Coping with Grief

Pregnancy and Infant Loss Network (PAIL)
(Group and individual counselling)
Tel: (905) 472-1807
Toll-free: 1 (888) 301-7276
Web: www.pailnetwork.ca

PAIL provides support when families experience a loss due to miscarriage, ectopic pregnancy, medical termination, stillbirth or neonatal death.

Bereaved Families of Ontario, Toronto
(Peer counselling, group and individual, available in various languages)
Tel: (416) 440-0290
Web: www.bfotoronto.ca

Bereaved Families, York Region
Tel: (905) 898-6265
Toll-free: 1 (800) 969-6904
Web: www.bfoyr.com

Humber River Hospital
Tel: (416) 242-1000
Social Worker
Ext. 45114
Chaplain/Spiritual Care Provider
(Non-denominational support and counselling)
Ext. 82800
Child Life Specialist
(Support and counselling for children)
Ext. 45012 or Ext. 45013
Patient and Family Resource Centre
(Books, pamphlets, web resources)
Ext. 81200

Public Health
(Toronto Health Connection)
Tel: (416) 338-7600

Ontario Funeral Association
Tel: (416) 695-3434
Toll-free: 1 (800) 268-2727
Appendix B. Funeral Homes

Board of Funeral Services
Tel: (416) 979-5450
Email: info@funeralboard.com
Web: http://www.funeralboard.com
Find information about arranging funeral services or a list of licensed funeral homes in Ontario.

Toronto West (including Etobicoke)

Bernardo Funeral Home (Albion Chapel)
855 Albion Rd., Toronto, Ont. M9V 1A3
Tel: (416) 747-7231
Email: info@bernardofuneralhomes.com
Web: http://www.bernardofuneralhomes.com

Cardinal Funeral Homes (Annette Chapel)
92 Annette St., Toronto, Ont. M6P 1N6
Tel: (416) 762-8141
Email: jim@cardinalfuneralhomes.com
Web: http://www.cardinalfuneralhomes.com
Other Languages spoken: Polish, Ukrainian, Russian, French, Muslim, Portuguese.

DeMarco Funeral Home
3725 Keele St., Toronto, Ont. M3J 1N4
Tel: (416) 636-7027
Email: info@demarcofuneralhomes.com
Web: http://demarcofuneralhomes.com

G.H. Hogle Funeral Homes (Mimico Chapel)
63 Mimico Ave., Toronto, Ont. M8V 1R2
Tel: (416) 251-7531
Email: info@hoglefuneralhomes.com
Web: http://www.hoglefuneralhomes.com

G.H. Hogle Funeral Homes (Wignall Chapel)
62 Long Branch Ave., Toronto, Ont. M8W 3J4
Tel: (416) 255-3816
Email: info@hoglefuneralhomes.com
Web: http://www.hoglefuneralhomes.com

G.H. Hogle Funeral Homes (Cremation Centre)
62 Long Branch Ave., Toronto, Ont. M8W 3J4
Tel: (416) 255-0035
Web: http://www.cremationcare.ca

Glendale Funeral Home & Cemetery
1810 Albion Rd., Etobicoke, Ont. M9W 5T1
Tel: (416) 679-1803
Web: http://www.glendalememorial.ca

Jerrett Funeral Homes (Wignall Chapel)
1141 St. Clair Ave. W., Toronto, Ont. M6E 1B1
Tel: (416) 654-7744
Web: http://www.jerrettfuneralhome.ca
Other Languages spoken: Italian, Vietnamese, Portuguese.

McDougall & Brown Funeral Home (Eglinton Chapel)
1812 Eglinton Ave. W., Toronto, Ont. M6E 2H6
Tel: (416) 782-1197
Web: http://mcdbrowneglinton.ca
Other Languages spoken: French, Portuguese, Italian.

Newediuk Funeral Home (Kipling Chapel)
2058 Kipling Ave., Etobicoke, Ont. M9W 4J9
Tel: (416) 745-7555
Web: http://www.newediukfuneralhome.com
Ridley Funeral Home
3080 Lake Shore Blvd. W., Toronto, Ont. M8V 1K3
Tel: (416) 259-3705
Email: contactus@ridleyfuneralhome.com
Web: http://www.ridleyfuneralhome.com

Scott Funeral Home (West Toronto Chapel)
1273 Weston Rd., Toronto, Ont. M6M 4R2
Tel: (416) 243-0202
Web: http://scottwestonfh.ca

Turner & Porter (Butler Chapel)
4933 Dundas St.W., Etobicoke, Ont. M9A 1B6
Tel: (416) 231-2283
Email: butlerchapel@turnerporter.ca
Web: http://www.turnerporter.ca

Turner & Porter (Yorke Chapel)
2357 Bloor St.W., Toronto, Ont. M6S 1P4
Tel: (416) 767-3153
Email: yorkechapel@turnerporter.ca
Web: http://www.turnerporter.ca

Ward Funeral Homes (Weston Chapel)
2035 Weston Rd., Toronto, Ont. M9N 1X7
Tel: (416) 241-4618
Web: http://www.wardfuneralhome.com

Other Languages spoken: French, Portuguese, Italian, Spanish.

Humphrey Funeral Home (A.W. Miles Chapel)
1403 Bayview Ave., Toronto, Ont. M4G 3A8
Tel: (416) 487-4523
Email: director@humphreymiles.com
Web: http://www.humphreymiles.com

Jerrett Funeral Homes (North York Chapel)
6191 Yonge St., Toronto, Ont. M2M 4K4
Tel: (416) 223-6050
Web: http://www.jerrettfuneralhomeotoronto.ca

Other Languages spoken: Mandarin, Cantonese, Korean, Italian, Spanish and Vietnamese.

R.S. Kane Funeral Home
6150 Yonge St., Toronto, Ont. M2M 3W9
Tel: (416) 221-1159
Web: http://www.rskane.ca

The Simple Alternative Funeral Centres
275 Lesmill Rd., North York, Ont. M3B 2V1
Tel: (416) 441-1580
Email: tsanorthyorkinfo@mountpleasantgroup.com
Web: http://www.mountpleasantgroup.com

Toronto Central

Bernardo Funeral Home (Dufferin Chapel)
2960 Dufferin St., Toronto, Ont. M6B 3S9
Tel: (416) 789-7661
Email: info@bernardofuneralhomes.com
Web: http://www.bernardofuneralhomes.com

Cardinal Funeral Homes (Bathurst Chapel)
366 Bathurst St., Toronto, Ont. M5T 2S6
Tel: (416) 603-1444
Email: jim@cardinalfuneralhomes.com
Web: http://www.cardinalfuneralhomes.com

Other Languages spoken: Polish, Ukrainian, Russian, French, Muslim, Portuguese.
Fratelli Vescio Funeral Home
2080 Dufferin St., Toronto, Ont. M6E 3R7
Tel: (416) 656-3332
Web: http://www.vesciofuneralhome.com

Morley Bedford Funeral Services
159 Eglinton Ave. W., Toronto, Ont. M4R 1A8
Tel: (416) 489-8733
Email: alcrawford@morleybedford.ca
Web: http://www.morleybedford.ca

Murray Newbigging Funeral Home
733 Mt. Pleasant Rd., Toronto, Ont. M4S 2N4
Tel: (416) 489-8811
Email: NewbiggingFH@rogers.com
Web: http://www.newbiggingfuneralhome.com

Rosar-Morrison Funeral Home & Chapel
467 Sherbourne St., Toronto, Ont. M4X 1K5
Tel: (416) 924-1408
Web: http://www.rosar-morrison.com

Trull Funeral Home & Cremation Centre
1111 Danforth Ave., Toronto, Ont. M4J 1M5
Tel: (416) 465-4661
Web: http://www.trullfuneralsdanforth.com

Trull Funeral Home & Cremation Centre
2704 Yonge St., Toronto, Ont. M4N 2H7
Tel: (416) 488-1101
Web: http://www.trullfuneralsyonge.com

Wing On Chapel World Funeral Home
665 Spadina Ave., Toronto, Ont. M5S 2H9
Tel: (416) 979-2401

Toronto East

Jerrett Funeral Homes (Scarborough Chapel)
660 Kennedy Rd., Toronto, Ont. M1K 2B5
Tel: (416) 266-4404
Web: http://www.jerrettfuneralhome.com
Other Languages spoken: French, German, Bulgarian, Russian, Polish, Greek, Punjabi, Hindi, Gurathi, Urdu, Kiswahili, Vietnamese, Cantonese, Mandarin, Chinese and Korean.

McDougall & Brown Funeral Home & Cremation Centre (Scarborough Chapel)
2900 Kingston Rd., Scarborough, Ont. M1M 1N5
Tel: (416) 267-4656
Web: http://mcdbrownscarb.ca

Ogden Funeral Homes
4164 Sheppard Ave. E., Toronto, Ont. M1S 1T3
Tel: (416) 293-5211
Web: http://www.ogdenfuneralhome.com

Woodbridge

Fratelli Vescio Funeral Home
8101 Weston Rd., Woodbridge, Ont. L4L 1A6
Tel: (905) 850-3332
Web: http://www.vesciofuneralhome.com

Ward Funeral Homes (Woodbridge Chapel)
4671 Highway #7, Woodbridge, ON L4L 1S6
Tel: (905) 851-9100
Web: http://www.wardfuneralhome.com

Mississauga

Lee Funeral Home
258 Queen St. S., Streetsville-Mississauga, Ont. L5M 1L8
Tel: (905) 826-1148
Email: leefuneralhome@bellnet.ca
Web: http://www.leefuneralhome.net
Skinner & Middlebrook Funeral Home
128 Lakeshore Rd. E., Mississauga, Ont. L5G 1E4
Tel: (905) 278-5546
Email: info@skinnerandmiddlebrook.com
Web: http://www.skinnerandmiddlebrook.com

Turner & Porter (Neweduk-Erin Mills Chapel)
1981 Dundas St. W., Mississauga, Ont. L5K 1R2
Tel: (905) 828-8000
Email: newedukchapel@turnerporter.ca
Web: http://www.turnerporter.ca

Turner & Porter (Peel Chapel)
2180 Hurontario St., Mississauga, Ont. L5B 1M8
Tel: (905) 279-7663
Email: peelchapel@turnerporter.ca
Web: http://www.turnerporter.ca

Brampton

Ward Funeral Homes (Brampton Chapel)
52 Main St. S., Brampton, Ont. L6W 2C5
Tel: (905) 451-2124
Web: http://www.wardfuneralhome.com

Jewish

Benjamin’s Park Memorial Chapel
2401 Steeles Ave. W., Toronto, Ont. M3J 2P1
Tel: (416) 663-9060
Email: info@benjamins.ca
Web: http://www.benjaminsparkmemorialchapel.ca

Hebrew Basic Burial
3429 Bathurst St., Toronto, Ont. M6A 2C3
Tel: (416) 780-0596
Email: info@hebrewbasicburial.ca
Web: http://hebrewbasicburial.ca

Steeles Memorial Chapel
350 Steeles Ave. W., Thornhill, Ont. L4J 1A1
Tel: (905) 881-6003
Email: info@steeles.org
Web: http://steelesmemorialchapel.com

Rosar-Morrison Funeral Home & Chapel
467 Sherbourne St., Toronto, Ont. M4X 1K5
Tel: (416) 924-1408
Web: http://www.rosar-morrison.com
Appendix C. Cemeteries

Catholic Cemeteries - Archdiocese of Toronto
4950 Yonge St., Ste. 206, Toronto, Ont. M2N 6K1
Tel: (416) 733-8544
Email: Info@CCAT.on.ca
Web: http://www.catholic-cemeteries.com

Forest Lawn Mausoleum & Cremation Centre
4570 Yonge St., Toronto, Ont. M2N 5L6
Tel: (416) 225-3345
Email: nneri@parklawnlp.ca
Web: http://parklawnlp.ca

Hillcrest Cemetery & Cremation Centre
Hwy 7 & Islington Rd., Woodbridge, Ont.
Tel: (416) 241-0861
Email: dcollarile@parklawnlp.ca
Web: http://parklawnlp.ca

Highland Memory Gardens
33 Memory Gardens Ln., Willowdale, Ont. M2H 3K4
Tel: (416) 493-9580
Web: http://www.highlandcemetery.ca

Mount Pleasant Group Funeral Centres and Cemeteries
Various locations
Email: info@mountpleasantgroup.com
Web: http://www.mountpleasantgroup.com

Park Lawn Cemetery, Mausoleum & Cremation Centre
2845 Bloor St. W., Toronto, Ont. M8X 1A6
Tel: (416) 233-9901
Email: rholloway@parklawnlp.ca
Web: http://parklawnlp.ca

Queen of Heaven Catholic Cemetery
7300 Highway #27, Woodbridge, Ont. L4L 1A5
Tel: (905) 851-5822
Email: Info@ccat.on.ca
Web: http://www.catholic-cemeteries.com

Riverside Cemetery & Cremation Centre
1567 Royal York Rd., Etobicoke, Ont. M9P 3C4
Tel: (416) 241-0861
Email: dcollarile@parklawnlp.ca
Web: http://parklawnlp.ca

Sanctuary Park Cemetery & Cremation Centre
1570 Royal York Rd., Etobicoke, Ont. M9P 3C4
Tel: (416) 244-9891
Email: dcollarile@parklawnlp.ca
Web: http://parklawnlp.ca

St. James’ Cemetery & Crematorium
635 Parliament St., Toronto, Ont. M4X 1R1
Tel: (416) 964-9194
Email: cemetery@stjamescathedral.on.ca
Web: http://www.stjamescemetery.ca

St. John’s Norway Cemetery & Crematorium
256 Kingston Rd., Toronto, Ont. M4L 1S7
Tel: (416) 691-2965
Email: sjncemetery@rogers.com
Web: http://www.stjohnsnorway.com

Westminster Cemetery, Mausoleum & Cremation Centre
5830 Bathurst St., Toronto, Ont. M2R 1Y6
Tel: (416) 665-2015
Email: nneri@parklawnlp.ca
Web: http://parklawnlp.ca